“Albuquerque Flu”

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Coaches, Team, and Staff
2005-2006



Thursday March 23, 2006

- Charter flight from Baltimore Washington Airport to Albuquerque, New Mexico
  - Includes coaches, players, support staff, administration, band, cheerleaders, and boosters.
  - 4 hour delay due to plane maintenance
  - Waited at gate in International Terminal together during this time
  - Cheerleader is sick in airport but states it is due to nerves, fear of flying, and has no more problems during trip
  - Arrive in Albuquerque around 7:00PM – Bus to Hotel – Proceed to team meal (Coaches, Players, and Support Staff Only)
  - Team Meetings – Treatments – Lights out at 11:00PM



Friday March 24, 2006

- Practice, Media Day, and Team Dinner
  - Practice from 12:20PM-1:20PM at University of New Mexico with media immediately following. Team and support staff only
  - Transport to area high school for additional practice time.
  - Return to Hotel for team dinner.
  - Transport to dinner: Players, Coaches, Support Staff, Boosters, and Families all present.
  - Ride tram to top of mountain for dinner at ski resort restaurant. Tram ride was very congested.
  - Return to Hotel with curfew of 11:00PM .



Saturday March 25, 2006

- Sweet 16 Game versus Baylor – 5:00 PM
  - Breakfast 9:00 AM
  - Shoot around from 10:00-11:00 AM
  - Team Pre-game meal at 1:00 PM – Team Physician Arrives
  - Included Team and Support Staff only – Meal included Chicken and Pasta as main dishes
  - Defeat Baylor 82-63 to advance to Regional Final
  - No significant injuries – One cheerleader is ill at game with upset stomach, vomiting, and diarrhea.
  - Team Strength Coach Becomes ill during Game with GI symptoms. Left bench at Halftime and did not return.
  - Return to Hotel with curfew of 11:00 PM

Sunday March 26, 2006

- Team Practice and Media Day
  - 2:00 AM – Call From Strength Coach very upset and symptoms increasing.
  - 5:00 AM – Call from Starting Post Player with GI symptoms all night.
  - 6:00 AM – Call From 2 Reserve Post Players with identical GI symptoms all night – Team Physician notified.
    - Treatment plan was OTC meds when symptoms slowed down and hydration with Gatorade.
  - 9:00 AM – Head Coach Notified – Sick athletes will be moved to own rooms and isolated from team activities.
    - Will go to practice with only 7 of 10 players

March 26, 2006 (Continued)

- Investigation into Source of Illness
  - First Thought – Pregame Meal
    - At this point, except for cheerleader only infected people were present at Pre-Game Meal.
    - Possible food issue???
    - Why Wouldn’t more people be Sick???
    - Should we isolate all team members to own rooms??

March 26, 2006 (Continued)

- 3:00 PM – Post Practice
  - Return to Hotel – Associate AD reports that band members, cheerleaders, support staff, administrators, and boosters are becoming ill. Estimate 10-15 new cases.
    - Cheerleader transported by coach to area ER at Team Physicians Recommendation due to dehydration.
    - Realize that this is not a result of Pre Game Meal and begin to explore other ideas.
    - AD wants updates and reports on all cases. “Discussion” about illness and treatment plans.
    - 3 Athletes symptoms have slowed down but not stopped. Still unable to hold any food down. Continue to push Gatorade.
    - No Rx medications given at this time – Team Physician wants as much virus to exit body as possible.

March 26, 2006 (Continued)

- 6:00 PM – 2:00 AM
  - Starting Point Guard becomes ill at dinner. Taken immediately to Hotel and Isolated.
  - Return to Hotel to treat and check on ill players.
  - At this time, Head Coach, Associate Head Coach, Assistant Director of Basketball Operations, 3 Team Managers have all reported symptoms.
  - Additional Staff, Staff Families, Players Families, and Boosters have begun to report symptoms.
  - While treating manager, hotel staff maintenance member enters the room for repair and states “Oh yeah, most of the Hotel staff was sick with this last week.”



Monday March 27, 2006

- Elite 8 Game vs. Utah at 7:00 PM
  - Status report
    - 4 of 10 team Members still ill in bed (3 Starters)
    - 2 of 4 coaches (Head and Associate Head) symptoms worsening
    - 3 Managers still ill with Virus
    - Coaches Families, Boosters, Cheerleaders, and Band Members
    - As of right now Team Physician and Doctor are still healthy

March 27, 2006 (Continued)

- Plan for Game Day
  - Will not go to Shoot-a-round
  - Continue to push Gatorade and bought Subway Turkey Subs for Pre-game Meal
  - Consider Compezene Suppositories for Point Guard if necessary
  - Continue conservative Treatment for Coaches and Staff
  - Walk through will be done in Hotel Parking Lot with everyone except Starting Point Guard.
  - Proceed to Game and Keep Fingers Crossed
    - Very Worried that Symptoms may present themselves during Game
    - 2 Coaches do not come out of Locker Room until Right Before the Game

March 27, 2006 (Continued)

- Concerns for Game
  - Fatigue due to Dehydration
  - New cases during Game – Plan of Action
  - What if I become Sick – Who would cover?

March 27, 2006 (Continued)

- Game Results
  - Everyone played – Point Guard got out of bed to get on the bus. All other players symptom free but still weak.
  - 6 point lead at halftime. One player had diarrhea.
  - Coaches are feeling better but no new symptoms.
  - 10 point lead with 5 minutes left.
  - Missed Free Throw by Utah with 5 seconds left sends game to over time.
  - Win in Overtime by 10 to advance to Final 4 in Boston.



Tuesday March 28, 2006

- Plane Ride Home
  - No new cases in Players
  - 3-4 Travel party members still having active symptoms.
  - Isolated on the plane as much as possible
  - Push Hydration of athletes and return to normal eating habits.



Wednesday March 29, 2006

- Day Off – No Practice
  - Athletes are feeling better and eating patterns are returning to normal
  - Call from reserve Post Player at 2:00 AM that she is ill
  - Stick with plan of isolation and will not travel with team.
    - Travel with Athletic Department Member on Friday March 31 if symptoms have subsided

Thursday March 30, 2006

- Team Practice and Travel to Final Four in Boston
  - Practice and Travel to without Incident
  - Starting Guard becomes ill at 9:00PM in Boston
    - Monitor throughout the night and asses in the Morning

Friday March 31, 2006

- Practice and Media Day
  - Open to Public – 2 athletes missing – Media??
  - Forward Arrives in Boston without Incident
  - Starting Guard is feeling better and able to Accompany Team to Final 4 Banquet.

Saturday April 1, 2006

- NO NEW CASES!!!!



Sunday April 2, 2006

- National Semi-Final vs. UNC
  - All athletes have returned to Normal and have no residual effects of Virus.
  - No New cases
  - Beat UNC to Advance to National Championship Game on April 4th

Monday April 3, 2006

- Practice and Media Day
  - Assistant Coach become ill and stays isolated
  - No new issues with Team Members
  - Continue to monitor everyone closely
  - Continue to push Gatorade and Fluids



Tuesday April 4, 2006

- National Championship Game vs. Duke
  - Overcome 12 point second half deficit to force overtime with last second shot!



April 4, 2006 (Continued)

- NATIONAL CHAMPIONS
  - Win Game by 3 (78-75) to win school's first ever Women's Basketball Championship!

“The Aftermath”

- How Did We Do????
  - Treatment
  - Player Isolation
  - Would we have done anything different?
  - Take action against the Hotel?
  - Should we have a written protocol for future problems?

CONCERNS AND ISSUES

- Management
  - Who do we treat other than Players?
  - Who does Team Physician feel comfortable Treating?
    - Liability
  - Dealing with parents?
  - Dealing with administrators and athletic directors?
  - Who gets priority?
    - Cheerleaders – Band – Alumni – Administrators
    - Can we say NO????
  - Traveling with Rx Medications? Team Physician?



Questions and Comments?

