Stetson University
Athletic Training Room Rules

1. The training room is a medical facility, **NOT A LOUNGE !!** If you are not receiving treatment or being taped, you will be asked to leave.

2. All student-athletes must be in the proper practice or game uniform before receiving pre-practice/pre-game treatment or other medical services.

3. All student-athletes must shower before receiving post-practice/post-game treatment or other medical services unless specified by the supervising athletic trainer.

4. Each student-athlete is responsible for all medical equipment issued to them. Loss or damage to such equipment will be the financial responsibility of the athlete.

5. The athletic training room is a coeducational facility. Minimum dress of shirts and shorts is required at all times unless removal is necessary for medical treatment.

6. No cleats, turf shoes, or other outdoor shoes are permitted in the athletic training room. Shoes needed for lower extremity rehabilitation are the only exception.

7. No profanity will be tolerated.

8. No food or beverages will be permitted in the athletic training room.

9. No tobacco products will be permitted in the athletic training room at any time. These include smoking, chewing tobacco, or "dip".

10. All student-athletes are required to sign in the daily treatment log before receiving treatment.

11. The training room telephone is for professional use only!! **DO NOT ASK TO USE IT**.

12. The modalities in the training room are for supervised use by the Sports Medicine Staff only.

13. Please keep talking to a minimum. Loud noise creates confusion.

14. It is the sole responsibility of the student athlete to report all injuries to a member of the Sports Medicine staff to insure proper and expedient care.

15. Unless otherwise directed, no one is to be in the Conrad Park Athletic Training Room unless supervised by a sports medicine staff representative.

16. Unless otherwise directed, self-treatment will not be tolerated in the Athletic Training Room. Please see a Sports Medicine Staff member for proper care and application of all treatments.

ATHLETIC TRAINING ROOM HOURS

- The Training Room is open 1- 1½ hours prior to practice start time, and 4 hours prior to game time. All other morning treatments and other medical services are available on an appointment basis as arranged by your supervising athletic trainer.

- The Conrad Park Athletic Training Room will be available for treatment during fall practice and spring season as the schedule dictates. All other treatments and rehabilitation will take place in the Wilson Athletic Center Athletic Training Room by appointment only or MWF 10-11 during open training room hours.

- During workout periods described above, the Conrad Athletic Training Room will be open 1 hour pre-practice and 1 hour pre-stretch time on game days.