Athletic Training 145 Main Street Durham, NH 03824 TEL: 603-862-3824 FAX 603-862-4198

May 2010

Dear Health Care Provider,

Your patient, a student-athlete at the University of New Hampshire, plans to or already participates in intercollegiate athletics at our institution. The NCAA (National Collegiate Athletic Association) requires that all athletes on stimulant medication for the treatment of ADD/ADHD provide adequate documentation of diagnosis and treatment to allow for a medical exemption. Stimulant medications are typically banned for use by NCAA athletes unless medical necessity is clearly documented by the host university. The University of New Hampshire Department of Athletics is requesting the following information in order for your student- athlete to continue or begin their NCAA participation. This is critical for their participation in sports.

Please complete the enclosed form that will be required annually if your patient participates in NCAA athletics and continues to require stimulant medications for their treatment. In completing this paper work, you acknowledge that you have reviewed the patient's health history and have informed them at some time of the safety information regarding stimulant use as well as misuse guidelines. Please attach any consult letters or SOAP notes that may clarify their diagnosis and the need to use stimulant medications for treatment.

Thank you for taking the time to do this. We greatly appreciate your assistance as we all try to comply with NCAA requirements!

Sincerely,

Fred H. Brennan, Jr., DO, FAOASM, FAAFP, FACSM
Head Team Physician, University of New Hampshire
Family and Sports Medicine

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Please send documentation to:
Jon Dana, Director of Sports Medicine, University of New Hampshire, Field House, 145 Main Street, Durham, NH 03823. If you have any questions please call: 603-862-3824