V: University of Connecticut Sports Medicine Emergency Plans

Sports Medicine Emergency Plan	2
AED Policies & Procedures	3-6
Epi-Pen Emergency Policies & Procedures	7-8
Asthma Inhaler Policies & Procedures	9-10
Biohazard Spill Clean-Up	11-12
General Emergency Action Plan	13
Catastrophic Emergency Action Plan	14
J.O. Christian Field (Baseball)	15
Softball Stadium	16
Joseph J. Morrone Stadium (Soccer/Lacrosse)	17
Connecticut Ice Arena (Ice Hockey)	18
Football Practice Fields	19
Memorial Stadium (Football)	20
Rentschler Field (Football)	21
George J. Sherman Family-Sports Complex (Field Hockey, Track and Field)	22
Harry A. Gampel Pavilion (Basketball/Volleyball)	23
Wolff-Zackin Natatorium (Swimming and Diving)	24
Hugh S. Greer Field House	25
Guyer Gymnasium	26
Soccer/Lacrosse Practice Field	27
Secondary Soccer/Lacrosse Practice Field	28
Tennis Courts	29
Field House Varsity Weight Room	30
Gampel Basketball Weight Room	31
Gampel Upstairs Weight Room	32
Gampel Athletic Training Room	33
Field House Athletic Training Room	34
Football Athletic Training Room	35

University of Connecticut Sports Medicine Emergency Plan

The following is a guide for those involved in the care of UCONN athletes and those who may be attending a sporting event and need medical services.

The importance of expedient action cannot be overstated when the care of individuals are being considered. The efficacious work of those charged with the care and transporting injured individuals can only be improved by a well thought out and practiced plan.

The three major components of an emergency plan include: the emergency team, communication, and equipment.

Emergency Team Roles:

A. Acute care to be provided by the most qualified individual at the scene.
B. Emergency equipment retrieval- anyone familiar with the types and location of equipment (usually: student athletic trainer, coach, event staff)
C. Activation of EMS-should be a person familiar with location and address of injury site. Should be a calm person with good communication skills.
-Member of UConn team meets and directs emergency personnel to scene. Should have keys to gates, doors, etc. (Home game management staff should be involved).

Attached are emergency evaluation plans for the numerous game, practice fields, and facilities used by UCONN athletic teams.

Emergency Equipment

Stored in these Venues:

Baseball Stadium, Softball Field, Ice Rink, Field House Athletic Training Room, Gampel Athletic Training Room, Football Athletic Training Room, Soccer Stadium Ticket Booth (Fall & Spring Only)

On-Site for all Competitions.

Emergency Bag

1) Vacuum Splints (Leg, Arm, Pump)
2) Knee Immobilizers (Regular & Long)
3) Res-Q-Vac Suction Unit
4) Cervical Collars (Universal)

Biohazard/First Aid Kit

1) Coverlets (Strip, Knuckle, 4-Wing)
2) Gauze (Sterile & Non-Sterile)
3) Non-Sterile Gloves
4) Red Biohazard Bag
5) Biohazard Solidifier
6) Biohazard Spill Clean-Up Kit
7) Small Sharps Container
8) Hand Sanitizer
9) Pocket Mask
10) Spray Bottle with Sanicide

Other Equipment

1) Crutches (Regular and Tall)
2) Spine Board

University of Connecticut Sports Medicine
Automatic External Defibrillator Policies and Procedures

Introduction

Defibrillation is a recognition means of terminating certain potentially fatal arrhythmias during a cardiac arrest. A direct current defibrillator applies a brief, high-energy pulse of electricity to the heart muscle. Automated external defibrillators (AEDs) were introduced in 1979. AEDs accurately analyze cardiac rhythms and, if appropriate, advise/deliver an electric counter shock. AEDs are currently widely used by trained emergency personnel.

It is recognized that successful resuscitation is related to the length of time between the onset of a heart rhythm that does not circulate blood (ventricular fibrillation, pulse less ventricular tachycardia) and defibrillation. The provision of timely emergency attention saves lives. Athletic events present a high risk for cardiopulmonary emergencies. By training certified athletic trainers and team physicians, the first responders in these settings, in the use of AEDs and providing rapid access to AEDs, the emergency response time is shortened.

Explanation

Automated external defibrillator is a medical device heart monitor and defibrillator that meet all of the following specifications:

- Has received approval of its pre-market notification filed pursuant to Section 360 (k), Title 21 of the United States Code from the United States Food and Drug Administration.
- Is capable of recognizing the presence or absence of ventricular defibrillation or rapid ventricular tachycardia and is capable of determining, without intervention by an operator, whether defibrillation should be performed.
- Upon determining that defibrillation should be preformed, automatically charges and requests delivery of an electrical impulse through the chest wall and to an individual's heart.

Operation considerations

The University of Connecticut Sports Medicine Staff utilizes the Medtronic AED. Medtronic AED is a portable, battery-powered, automatic defibrillator. It automatically analyzes the patient's cardiac electrical signal. The Medtronic AED advises the operator to shock if it detects ventricular fibrillation (VF), ventricular tachycardia (VT), and other cardiac rhythms with a ventricular rate over 180 beats per minute and having amplitude of at least 0.15 millivolts. When a shockable rhythm is confirmed, the Medtronic AED charges. It advises by a voice prompt and a flashing red rescue button that it is ready for the rescuer to deliver a high-energy defibrillating electrical shock. Medtronic AED features include voice prompted operation; an automatic daily self-test; an internal clock; and memory with a capacity to store 20 minutes of data. If maintenance is required two loud beeps will sound every 30 seconds and/or the LCD display in the front will display need for maintenance.

Location of AEDs in Athletics and Recreation

1. Gampel Athletic Training Room: On pillar, Left Side of Room by Counter
2. Football Facilities: Next to North Door Entrance to TR
3. Field House Training Room: Wall by Campus Telephone
4. Ice Hockey Rink: Training Room (temp.)—will be public access
5. Floater: Stored in Field House Training Room Assistant ATC office, used in Gator
6. Hugh S. Greer Field House: SE Corner by Phone Near Operations Office
7. Guyer Gym in Field House: Southeast Wall
8. Student Recreation Weight Room in Field House: By Upstairs Elevator

Where and how to access AED from each sporting venue

(We list the first action and then alternate action if first is unsuccessful)

* "Gator" indicates you will call for the floater AED if the Gator is not at your site

Venue	First Action	Alternate
J.O. Christian Field	Gator	Ice rink
Softball Field	Gator	Ice rink (Football if practicing)
Joseph J. Morrone Stadium	On site/gator	Ice rink
Connecticut Ice Arena	On site	
Football Practice Field	On site/gator	
Memorial Stadium	Football Athletic Training Room	Gator
George J. Sherman Family-Sports Complex	Field House Athletic Training Room	
Harry A. Gampel Pavilion	Gampel Athletic Training Room	
Wolff-Zackin Natatorium	Gampel Athletic Training Room	
Hugh S. Greer Field House	On site	
Guyer Gymnasium	On site	
Soccer/Lacrosse Practice Field	Gator	Ice rink
2nd Soccer/Lacrosse Practice Field	Gator	Ice rink (Football if practicing)
Tennis Courts	Gator	Gampel Athletic Training Room
Field House Varsity Weight Room	Greer Field House	
Gampel Basketball Weight Room	Gampel Athletic Training Room	
Gampel Upstairs Weight Room	Gampel Athletic Training Room	
Football Facility Building	On site	
Field House Athletic Training Room	On site	
Gampel Athletic Training Room	On site	

Protocol

The AED is to be used only on patients in cardiopulmonary arrest. Before the device is utilized to analyze the patient's ECG rhythm, the patient must be:

- Unconscious
- Pulse less, and
- Not breathing

The device is, however, not intended for children less than eight years of age and/or victims weighing less than 90 pounds. The AED units are programmed to administer an initial set of 3 shocks at 200 Joules (J), 300 J, and 360 J. If ventricular fibrillation (VF) persists, the sports medicine staff will repeat sets of 3 stacked shocks at 360 J with 1 minute of CPR between each set until no shockable rhythm is detected. The staff will shock until VF is no longer present, the patient converts to a perfusing rhythm, or an advanced life support team arrives on the scene and assumes control.

To prepare for ECG analysis and defibrillation:

- Bring the Medtronic AED to the patient
- Verify that the patient is in cardiac arrest (unconscious, no respiration, and no pulse)
- Open the lid to activate the Medtronic AED and the brief self-test.
- Follow the voice commands
- Prepare the patient for electrode placement and place electrodes
- Again follow the voice commands

In the event of a cardiopulmonary emergency, the emergency system should be activated as quickly as possible either by calling 911 or 486-3131 if using cell phone. The first responders should provide initial care as appropriate to the situation and coordinate with other emergency medical service providers upon their arrival in the provision of CPR, defibrillation, basic life support, and advanced life support.

Other Reminders

1. Don't forget BASIC steps: Check—Call—Care
2. Activate EMS – 911 or 486-3131 from cell phone
3. If at an event w/o EMS on site, we render emergency care to spectators
4. It is safe to use on metal bleachers or wet surface as long as there is no contact with the patient. There is potential to feel a mild unharmful shock.
5. At the end of practices, the Gator must return to and stay at the site of the last practice until it is completely over. COMMUNICATION IS KEY!!! Use dry erase board in Field House to log who is out or has returned from practice.
6. If 2 games are occurring at the same time, the AED should be at the venue with the largest crowd.
7. A post event review will take place with Dr. Anderson and the entire staff after any incident in which the AED was used. A post event review form will also be completed. The purpose is to review the situation and evaluate the effectiveness and efficiency of the emergency plan.
8. Report any damage to the AED to Mary Tovornik ASAP.
9. Monthly maintenance checks will be completed and recorded.

Training and Testing

Personnel using the AED must complete a training session each year, including instruction in:

1. The proper use, maintenance, and periodic inspection of the AED
2. Defibrillator safety precautions to enable the user to administer a shock without jeopardizing the safety of the patient, the user, and other people
3. Assessment of an unconscious person to determine if cardiac arrest has occurred and the appropriateness of applying an AED
4. Recognizing that an electrical shock has been delivered to the patient and that the defibrillator is no longer charged
5. Rapid, accurate assessment of the patient's post shock status to determine if further activation of the AED is necessary
6. The operations of the local emergency medical services system, including methods of access to the emergency response system, and interaction with emergency medical services personnel
7. The role of the user and coordination with other emergency medical service providers in the provision of CPR, defibrillation, basic life support, and advanced life support
8. The responsibility of the user to continue care until the arrival of a qualified personnel

University of Connecticut Sports Medicine
Epinephrine Auto-Injector (Epi-Pen) Policies and Procedures

Introduction

Epinephrine is used for the emergency treatment of severe allergic reactions to insect stings/bites, foods, drugs, and other allergens. Epinephrine mimics the responses of the sympathetic nervous system. It quickly constricts blood vessels to improve blood pressure, relaxes smooth muscle in the bronchioles to help alleviate the wheezing and dyspnea, stimulates the heartbeat. The drug takes effect within seconds, but the duration of its effectiveness is short (about 10-20 minutes).

The University of Connecticut Sports Medicine Staff utilizes the Epi-Pen Auto-Injector, a disposable delivery system for self-administration. The Epi-Pen has a spring-activated needle that is designed to deliver one precise dose (0.3 mg of 1:1000 solution for adults) of epinephrine when activated. A single dose is administered to the patient. It may be necessary in very severe reactions to administer a second dose after five minutes if the initial response is inadequate.

Emergency Medical Care for Anaphylaxis

The sports medicine staff should:

- Maintain an airway
- Suction any secretions
- Be prepared to assist with ventilation
- Administer epinephrine by a prescribed auto-injector
- Activate EMS

Indications/Contraindications

Epinephrine should be administered if the patient exhibits signs and symptoms of a severe allergic reaction (anaphylaxis), including respiratory distress and/or shock (hypoperfusion). There are no contraindications for the administration of epinephrine in a life-threatening allergic reaction; however, precautions should be taken with elderly patients or patients with heart disease or hypertension.

Administration of epinephrine

- Check the Epi-Pen to ensure the medication has not expired, has not become discolored, and does not contain particles or sediments
- Prep skin site with alcohol
- Remove the gray safety cap from the auto-injector
- Place the tip of the auto-injector against the patient's thigh
- Push the injector firmly until the medication is released
- Hold for 10 seconds
- Dispose of auto-injector in designated bio-hazard sharps container
- Record that epinephrine was given, the dose, and the time administered

Side effects

The patient may complain of side effects following the administration of epinephrine. Possible side effects include increased heart rate, pale skin (pallor), dizziness, chest pain, headache, nausea, vomiting, excitability, and anxiousness.

Reassessment

Following the administration of epinephrine, it is necessary to reassess the patient. Reassessment should include continued evaluation of airway, breathing and circulatory status. Decreasing mental status, decreasing blood pressure, and/or increasing difficulty in breathing indicates the allergic reaction worsening. If the condition is worsening, consider the following interventions: consult with the team physician about injection of a second dose, provide emergency care for shock, and be prepared to administer rescue breathing and CPR if necessary.

If the patient's condition improves following the administration of epinephrine, continue to perform ongoing assessments. Be aware that the patient may complain of side effects. Any patient requiring the administration of epinephrine should be transported to the closest available medical facility for follow-up evaluation and treatment as soon as possible. Remember that epinephrine is short-acting (10-20 minutes) and signs and symptoms may return as the drug wears off.

Procedures for training and testing

Personnel must complete a training session each year with review of the signs and symptoms as well as the emergency medical care for allergic reaction, anaphylaxis, and anaphylactic shock; instruction of the proper use and maintenance of the Epi-Pen, and practice with the Epi-Pen Trainer.

University of Connecticut Sports Medicine
Asthma Medication Meter Dose Inhaler Policies and Procedures

Introduction

Causes of asthma are multifactorial. Several factors, including exercise may induce an asthma attack. The majority of patients with asthma and patients with allergies will have exercise-induced bronchospasm (EIB). Athletes are more often seen with asthmatic symptoms than expected from the general population, perhaps because of their repeated exposure to aeroallergens and/or cold air during exercise and loss of heat and water. This effect results in heightened bronchial hypersensitivity. EIB usually occurs during or minutes after vigorous activity, reaches its peak 5-10 minutes after stopping the activity, usually resolves in another 20-30 minutes.

Asthma medications

Depending the severity of asthma, medications can be taken on an as-needed basis (prn) or regularly to prevent or decrease breathing difficulty. Most of the medications fall into two major groups: quick relief medications and long-term control medications.
Common convention in naming medications is to use the drug name with the Trade name in parentheses i.e. Albuterol (Ventolin or Proventil)
Quick relief medications are used to treat asthma symptoms or an asthma episode. The most common quick relief medications, the short-acting beta-agonists, relieve asthma symptoms by relaxing the smooth muscles around the airways. Common beta-agonists include Proventil and Ventolin (albuterol), Maxair (pirbuterol), and Alupent (metaproterenol). Atrovent (ipatroprium), an anticholinergic, is a quick relief medication that opens the airways by blocking reflexes through nerves that control the smooth muscle around the airways. Steroid pills and syrups, such as Deltasone (prednisone), Medrol (methylprednisolone), and Prelone or Pediapred (prednisolone) are very effective at reducing swelling and mucus production in the airways; however, these medications take 48-72 hours to take effect.

Long-term control medications are used daily to maintain control of asthma and prevent asthma symptoms. Intal (cromolyn sodium) and Tilade (nedocromil) are long-term control of asthma and prevent swelling in the airways. Cromolyn and nedocromil can also be used before exercise to prevent exercise-induced bronchospasm. Inhaled steroids are also long-term control medications. In addition to preventing swelling, they also reduce swelling in the airways and may decrease mucus production. Common inhaled steroids may include Vanceril, Vanceril DS, Beclovent, and Beclovent DS (beclomethasone), Azmacort (triamcinolone), Aerobid (flunisolide), Flovent (fluticasone), and Pulmicort (budesonide). Leukotriene modifiers are newer long-term control medications. They may reduce swelling inside the airways and relax smooth muscles around the airways. Common leukotriene modifiers include Accolate (zafirlukast), Zyflo (zileuton), and Singulair (montelukast). Current data suggest that the leukotriene modifiers, while more convenient to use in that they are in pill form, are less efficacious than the inhaled corticosteroids. Another long-term control medication, Theophylline, relaxes the smooth muscles around the airways. Common theophyllines in oral form include Theo-Dur, Slo-Bid, Uniphyl, and UniDur. Theophylline is rarely used now because of its unfavorable side effect profile. Serevent

(salmeterol), in inhaler form, is also a long-term control medication. As a long-acting beta antagonist, it opens the airways in the lungs by relaxing smooth muscle around the airways.

Inhaled medications

Inhaled medications are delivered directly to the airways, which is useful for lung disease. Aerosol devices for inhaled medications may include the metered-dose inhaler (MDI), MDI with spacer, breath activated MDI, dry power inhaler or nebulizer. The most commonly used inhaled medications are delivered by the MDI, with or without the spacer. There are few side effects because the medicine goes right to the lungs and not to other parts of the body.

It is critical that the patient use the prescribed MDI correctly to get the full dosage and benefit from the medication. Unless the inhaler is used in the right manner much of the medicine may end up on the patient's tongue, the back of their throat, or in the air. Use of a spacer or holding chamber helps significantly with this problem and their use is strongly recommended. Excellent data exist that show that spacer use improves the quantity of drug delivered to the lungs and diminishes side effects. A spacer is a device that attaches to an MDI. It holds the medication in its chamber long enough for the patient to inhale it in one or two slow deep breaths.

Using the MDI

The University of Connecticut Sports Medicine Staff may assist a student-athlete in the use of a prescribed MDI as follows:

- Remove the cap from the MDI and hold upright
- Shake the inhaler well
- Tilt the patient's head back slightly and instruct them to breathe out
- Have the patient open his/her mouth and hold inhaler 1-2 inches away (or mouth to a spacer mouthpiece if available)
- Press down on inhaler to release medication as the patient starts to breathe in slowly
- Patient slowly inhales for 3-5 seconds
- Patient holds breath for 10 seconds to allow medication to reach deeply into the lungs
- Repeat puffs as prescribed; waiting 1 minute between puffs to permit the second puff to go deeper into the lungs

Procedures for training and testing in use of MDI

Personnel must complete a training session each year with review of signs and symptoms of asthma and instruction in the proper use of MDI with and without the spacer.

University of Connecticut Sports Medicine
Biohazard Spill Clean-Up Policies and Procedures

Introduction

In 1985 the Centers for Disease Control (CDC) developed guidelines for the prevention of transmission of HIV and HBV, the "Universal Blood and Body Fluid Precautions" now referred to simply as "Universal Precautions". Using the CDC's recommendations as a guideline, OSHA followed with it's own standard 29CFR1910.1030 "The Bloodborne Pathogens Standard" in December of 1991 designed to protect the nations healthcare professionals who were in a high-risk group for exposure and contamination from a mounting list of deadly, contagious bloodborne pathogens. The best known of the bloodborne viruses are HIV, HBV, and HCV. Among those pathogens listed, the only virus preventable by vaccination is HBV.

As medical professionals, we are held to these standards and guidelines set forth by OSHA and the CDC. All spills should and must be treated as biohazardous unless liquid is known not to contain body fluids.

Explanation

The University of Connecticut provides Biohazard Clean-up/Protection Supplies at each sport venue utilized by its athletes. These Biohazard Kits contain necessary supplies to protect personnel from contamination and to clean up spills potentially containing bloodborne pathogens.

Each kit contains the following: Coverlets (Strip, Knuckle, 4-Wing), Gauze (Sterile & Non-Sterile), Non-Sterile Gloves, Red Biohazard Bag, Biohazard Solidifier, Small Sharps Container, Hand Sanitizer, Pocket Mask, and small spray bottle of Sanicide. These supplies will be checked before the venue where they are stored is utilized.

Operation considerations

Any spill that could potentially contain bloodborne pathogens must be handled utilizing universal precautions. The size of the potentially biohazardous spill dictates the measures that need to be taken. A simple drop of body fluid does not need to be solidified. Where as a larger spill that cannot be cleaned up with one swipe of a towel or gauze needs to be solidified before attempting to wipe it up.

Location of First Aid/Biohazard Spill Kits in Athletics and Recreation

Gampel Athletic Training Room
Fieldhouse Athletic Training Room
Football Athletic Training Room
Ice Rink Athletic Training Room
Fieldhouse Weight Room
Gampel Weight Room (both Upstairs and Downstairs)
Soccer Ticket Booth
Softball Storage Building
Baseball Storage Building
Both Team Benches for events
Visiting Team Lockerrooms for events

Protocol

If the spill is minimal, solidification is not necessary and you may skip the solidification step. However, if the spill amount is great enough not be easily absorbed by the towel or gauze in one swipe, biohazard solidifier must be used.

1. Put on protective gloves
2. Pour the solidifier evenly over the spilled fluid
3. Wait for it to change to semi-solid state
4. Use the plastic scoop provided to scoop up the jello like substance
5. Spray area with Sanicide
6. Wipe area dry
7. Place all items used to clean up the spill in a red biohazard container or red biohazard bag
8. Wash hands with soap and water or the hand sanitizer provided

Other Reminders

Do not rush when cleaning up potentially biohazardous spills. Do not sling materials containing potentially biohazardous fluids through the air or place them on clean surfaces. Every attempt must be made to limit contamination to other areas or persons.

Training and Testing

Universal precautions will be reviewed yearly. Supplies must be maintained and checked daily before venue is utilized for intercollegiate athletics. All sports medicine staff members must understand what is in these kits and how to use each item properly.

General Emergency Action Plan

Important Phone Numbers

Emergencies – 911 Direct EMS – 486-3131
Football Athletic Training Room – 486-1132, 486-3634, or 486-6353
Gampel Athletic Training Room – 486-0481, 486-4641, or 486-0109
Field House Athletic Training Room – 486-2030, 486-3046, or 486-0480
Student Health Infirmary – 486-4700 (main number) 486-3427 (triage desk)
Head Athletic Trainer – 486-3634
Director of Sports Medicine/Team Physicians – 486-0404
Physician appointment scheduling 486-2719
Gampel Physician Exam Rooms – 486-8862, or 486-8861

Emergency Procedures

1) Perform Emergency CPR and First Aid
2) Instruct student athletic trainer, coach, or manager to call 911 or 486-3131
   -Provide the following information
   a) Who you are
   b) General information about the injury or situation
   c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*).
   d) Any additional information
   e) ***BE THE LAST TO HANG UP***
   f) Meet the ambulance and direct it to the site
3) Call the Team Physician's cell phone
   (Dr. Anderson – 860-617-0134, Dr. Trojian – 860-617-0135)
4) Meet ambulance and direct to appropriate site
   a) Open Appropriate Gates/Doors
   b) Designate an individual to "flag down" and direct to scene.
   c) Control injury site, limit care providers etc.
5) Assist ATC and/or EMS with care as directed
   a) Retrieve Necessary Supplies/Equipment

Catastrophic Emergency Action Plan

Definition of Catastrophic Emergency

A catastrophic incident includes: the sudden death of a student-athlete, coach, or staff member at any time (includes accidents and illnesses); and the disabling and/or quality of life altering injuries such as spinal cord injuries or loss of a paired organ.

Catastrophic Incident Management Team

The members of this team or its designees will disseminate all information concerning a catastrophic incident. Pertinent information will be given to family members and the media as permitted under HIPAA. The team members shall include: Director of Sports Medicine, Head Athletic Trainer, Director of Athletics, University President, Director of Athletic Communications, and Sports Medicine Insurance Coordinator. NO other person other than these individuals shall speak publicly about the incident.

The Incident Management Team will attempt to get accurate and current information to family members before the information is released to the media. Family members should not learn of a catastrophic event through the media. A university representative should inform them directly.

Catastrophic Emergency Procedures

1) Follow Regular Emergency Action Plan
   a. Athletic Trainer will remain with individual to coordinate communication and act as university representative until relieved by member of incident management team
   b. Head Coach or other person designated by head coach will act as university representative if athletic trainer not available
2) Notify Law Enforcement, if necessary
3) Notify Incident Management Team
   a. Director of Sports Medicine and/or Head Athletic Trainer will notify rest of incident management team
4) Family Members Notified by Management Team
5) Head Coach and teammates notified, if not involved
6) Provide assistance to family members, teammates, and other team personnel, as necessary

Important Phone Numbers

Head Athletic Trainer – Bob Howard: 860-486-3634 (Office), 860-465-7643 (Cellular), 860-872-9628 (Home).
Director of Sports Medicine – Dr. Jeff Anderson: 860-486-0404 (Office), 860-617-0134 (Cellular), 860-588-6496 (Pager), 860-896-0332 (Home).
Director of Athletics – Jeff Hathaway: 860-486-2725 (Office), 860-644-6611 (Home), 860-450-6338 (Cellular)
Director of Athletic Communications – Mike Enright: 860-486-2241 (Office), 860-429-1574 (Home), 860-208-4756

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE
EMERGENCY ACTION PLAN
J.O. Christian Field - Baseball

Emergency Personnel:

Spring Season –Student Athletic Trainer(s) and/or Certified Athletic Trainer on site for practices. Certified Athletic Trainer on site for competitions.

Fall Season – Student Athletic Trainer(s) on site for practices with direct communication to Certified Athletic Trainer

Emergency Communication:

Press Box Telephone (486-2018), Hand held radio with AT with communication to Field House Training Room for practices, Cellular Phone with Coaches for practices, Cellular Phone with AT for competitions (617-5947, 617-5945, or 617-7639).

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches located in Storage Area

AED accessible on Gator via radio, Alternate AED located in Connecticut Ice Arena

Additional emergency supplies in athletic training room in Connecticut Ice Arena across from stadium. (Telephone number: 486-6672)

Emergency Procedures:

1) Perform Emergency CPR and First Aid
2) Instruct student athletic trainer, coach, or manager to call 911 or 486-3131
   -Provide the following information
   a) Who you are
   b) General information about the injury or situation
   c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*).
      *Take Stadium Road, Enter at gate behind press box.
   d) Any additional information
   e) ***BE THE LAST TO HANG UP***
   f) Meet the ambulance and direct it to the site
3) Call the Team Physician's cell phone
   (Dr. Anderson – 860-617-0134, Dr. Trojian – 860-617-0135)
4) Meet ambulance and direct to appropriate site
   a) Open Appropriate Gates/Doors
   b) Designate an individual to "flag down" and direct to scene.
   c) Control injury site, limit care providers etc.
5) Assist ATC and/or EMS with care as directed
   a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE
EMERGENCY ACTION PLAN
Softball Stadium

Emergency Personnel:

Spring Season – Student Athletic Trainer(s) and/or Certified Athletic Trainer on site for practices. Certified Athletic Trainer on site for competitions.

Fall Season – Student Athletic Trainer(s) on site for practices with direct communication to Certified Athletic Trainer

Emergency Communication:

Hand held radio with AT with communication to Field House Training Room for practices, Cellular Phone with Coaches for practices, Cellular Phone with AT for competitions (617-5947, 617-5945, or 617-7639).

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches located in Storage Area

AED accessible on Gator via radio, Alternate AED located in Connecticut Ice Arena

Additional emergency supplies in athletic training room in Connecticut Ice Arena across from stadium. (Telephone number: 486-6672)

Emergency Procedures:

1) Perform Emergency CPR and First Aid
2) Instruct student athletic trainer, coach, or manager to call 911 or 486-3131
   -Provide the following information
   a) Who you are
   b) General information about the injury or situation
   c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*).
      *Take Stadium Road, Enter at gate across from Soccer Stadium
   d) Any additional information
   e) ***BE THE LAST TO HANG UP***
   f) Meet the ambulance and direct it to the site
3) Call the Team Physician's cell phone
   (Dr. Anderson – 860-617-0134, Dr. Trojian – 860-617-0135)
4) Meet ambulance and direct to appropriate site
   a) Open Appropriate Gates/Doors
   b) Designate an individual to "flag down" and direct to scene.
   c) Control injury site, limit care providers etc.
5) Assist ATC and/or EMS with care as directed
   a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE
EMERGENCY ACTION PLAN
Joseph J. Morrone Stadium - Soccer/Lacrosse

Emergency Personnel:

In season – Student Athletic Trainer(s) and/or Certified Athletic Trainer on site for practices. Certified Athletic Trainer on site for games/competitions. Physician on site for Soccer Competitions

Off-season – Student Athletic Trainer(s) on site for practices with direct communication to Certified Athletic Trainer

Emergency Communication:

Field Telephone (486-3849) or Press Box Telephone (486-3890), Hand held radio with AT with communication to Field House Training Room, Cellular Phone with Coaches for practices, Cellular Phone with AT for competitions (617-5947, 617-5945, or 617-7639).

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches on site or Soccer Ticket Booth

AED accessible on Gator via radio, Alternate AED located in Connecticut Ice Arena

Additional emergency supplies in athletic training room in Connecticut Ice Arena across from stadium. (Telephone number: 486-6672)

Emergency Procedures:

1) Perform Emergency CPR and First Aid
2) Instruct student athletic trainer, coach, or manager to call 911 or 486-3131
   -Provide the following information
   a) Who you are
   b) General information about the injury or situation
   c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*).
      *Take Stadium Road, Enter Soccer Stadium at Gate 2 between Soccer Stadium and Connecticut Ice Arena.
   d) Any additional information
   e) ***BE THE LAST TO HANG UP***
   f) Meet the ambulance and direct it to the site
3) Call the Team Physician's cell phone
   (Dr. Anderson – 860-617-0134, Dr. Trojian – 860-617-0135)
4) Meet ambulance and direct to appropriate site
   a) Open Appropriate Gates/Doors
   b) Designate an individual to "flag down" and direct to scene.
   c) Control injury site, limit care providers etc.
5) Assist ATC and/or EMS with care as directed
   a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE
EMERGENCY ACTION PLAN
Connecticut Ice Arena - Ice Hockey

Emergency Personnel:

Certified athletic trainer and/or student athletic trainer(s) for practices and games/competitions.

Physician on site for games/competitions

Emergency Communication:

Athletic Training Room Telephone (486-6672). Certified Athletic Trainer's cellular phone (617-5923 or 617-5924)

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches

AED located in Athletic Training Room

Emergency Procedures:

1) Perform Emergency CPR and First Aid
2) Instruct student athletic trainer, coach, or manager to call 911 or 486-3131
   -Provide the following information
   a) Who you are
   b) General information about the injury or situation
   c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*).
      *Take Stadium Road, Turn into parking lot in front, Enter through Main Entrance.
   d) Any additional information
   e) ***BE THE LAST TO HANG UP***
   f) Meet the ambulance and direct it to the site -Provide the following information
3) Call the Team Physician's cell phone
   (Dr. Anderson – 860-617-0134, Dr. Trojian – 860-617-0135)
4) Meet ambulance and direct to appropriate site
   a) Open Appropriate Gates/Doors
   b) Designate an individual to "flag down" and direct to scene
   c) Control injury site, limit care providers etc.
5) Assist ATC and/or EMS with care as directed
   a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE
EMERGENCY ACTION PLAN
Football Practice Fields

Emergency Personnel:

Certified athletic trainer and/or student athletic trainer(s) for practices.

Emergency Communication:

Cellular Phone with AT (465-7643, 455-6518), Hand held radio with AT(s) with communication to other AT(s) and Football Athletic Training Room

Emergency Equipment:

Athletic Training Kits, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches
Additional supplies in Football Athletic Training Room (486-3634, 486-1132, 486-6353).
AED on site

Emergency Procedures:

1) Perform Emergency CPR and First Aid
2) Instruct student athletic trainer, coach, or manager to call 911 or 486-3131
   -Provide the following information
   a) Who you are
   b) General information about the injury or situation
   c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*).
      *Take Alumni Drive, Enter "D" Lot, Proceed to last gate to the right
   d) Any additional information
   e) ***BE THE LAST TO HANG UP***
   f) Meet the ambulance and direct it to the site -Provide the following information
3) Call the Team Physician's cell phone
   (Dr. Anderson – 860-617-0134, Dr. Trojian – 860-617-0135)
4) Meet ambulance and direct to appropriate site
   a) Open Appropriate Gates/Doors
   b) Designate an individual to "flag down" and direct to scene
   c) Control injury site, limit care providers etc.
5) Assist ATC and/or EMS with care as directed
   a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE
EMERGENCY ACTION PLAN
Memorial Stadium - Football

Emergency Personnel:

Practice – Certified athletic trainer and/or student athletic trainer(s) for practices.
Games/Competitions – Certified Athletic Trainer, Student Athletic Trainers, Physician, and EMS Personnel on site.

Emergency Communication:

Cellular Phone with AT (465-7643, 455-6518), Hand held radio with AT(s) with communication to other AT(s) and Football Training Room.

Emergency Equipment:

Athletic Training Kits, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches on site or in Football Athletic Training Room
Additional supplies in Football Athletic Training Room (486-3634, 486-1132, 486-6353).
AED on site or in Football Athletic Training Room
Ambulance on site for games/competition with life support.

Emergency Procedures:

1) Perform Emergency CPR and First Aid
2) Instruct student athletic trainer, coach, or manager to call 911 or 486-3131
   -Provide the following information
   a) Who you are
   b) General information about the injury or situation
   c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*)
      *Take Stadium Road to access road between Gampel Pavilion and Memorial Stadium, follow access road past bleachers, turn left into gate.
   d) Any additional information
   e) ***BE THE LAST TO HANG UP***
   f) Meet the ambulance and direct it to the site
3) Call the Team Physician's cell phone
   (Dr. Anderson – 860-617-0134, Dr. Trojian – 860-617-0135)
4) Meet ambulance and direct to appropriate site
   a) Open Appropriate Gates/Doors
   b) Designate an individual to "flag down" and direct to scene.
   c) Control injury site, limit care providers etc.
5) Assist ATC and/or EMS with care as directed
   a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE
EMERGENCY ACTION PLAN
Rentschler Field - Football

Emergency Personnel:

Practice – Certified athletic trainer and/or student athletic trainer(s) for practices.
Games/Competitions – Certified Athletic Trainer, Student Athletic Trainers, Physician, and EMS Personnel on site.

Emergency Communication:

Cellular Phone with AT (465-7643, 455-6518), Hand held radio with AT(s) with communication to other AT(s), Athletic Training Room (610-4719), X-Ray Evaluation Room (610-4718)

Emergency Equipment:

Athletic Training Kits, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches
Additional supplies in Football Athletic Training Room (610-4719)
AED on site.
Ambulance on site for games/competition with life support.

Emergency Procedures:

1) Perform Emergency CPR and First Aid
2) Instruct student athletic trainer, coach, or manager to call 911 or 486-3131
   -Provide the following information
   a) Who you are
   b) General information about the injury or situation
   c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*)
      *Follow Silver lane in East Hartford to the East Gate entrance. Once on the Stadium grounds follow access road to the left until you reach the VIP Recruiting Entrance (Stairwell C). At the bottom of the stairwell, turn right and follow to Medical Exam // X-ray room (2nd door on right)
   d) Any additional information
   e) ***BE THE LAST TO HANG UP***
   f) Meet the ambulance and direct it to the site
3) Call the Team Physician's cell phone
   (Dr. Anderson – 860-617-0134, Dr. Trojian – 860-617-0135)
4) Meet ambulance and direct to appropriate site
   a) Open Appropriate Gates/Doors
   b) Designate an individual to "flag down" and direct to scene.
   c) Control injury site, limit care providers etc.
5) Assist ATC and/or EMS with care as directed
   a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE
EMERGENCY ACTION PLAN
George J. Sherman Family-Sports Complex – Field Hockey/Track and Field

Emergency Personnel:

Field Hockey – In-season: Student Athletic Trainer(s) and/or Certified Athletic Trainer
Physician on site for games/competitions.
Off-season: Student Athletic Trainer(s) for practices with direct communication to Certified Athletic Trainer

Track – Practices: Certified athletic trainer and/or student athletic trainer(s) available in Field House Athletic Training Room.
Meets/Events: Certified athletic trainer and/or student athletic trainer(s).

Emergency Communication:

Hand held radio with AT(s) with communication to Field House Athletic Training Room, Cellular Phone with Coaches for practices, Press Box Telephone (486-5410).

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches located on site or in Field House Athletic Training Room
AED located in Field House Athletic Training Room

Emergency Procedures:

1) Perform Emergency CPR and First Aid
2) Instruct student athletic trainer, coach, or manager to call 911 or 486-3131
   -Provide the following information
   a) Who you are
   b) General information about the injury or situation
   c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*)
   *Take Stadium Road to access road between Gampel Pavilion and Memorial Stadium, follow access road past Football Facilities Building, Turn Left before track, Entrance gate will be on the Right
   d) Any additional information
   e) ***BE THE LAST TO HANG UP***
   f) Meet the ambulance and direct it to the site
3) Call the Team Physician's cell phone
   (Dr. Anderson – 860-617-0134, Dr. Trojian – 860-617-0135)
4) Meet ambulance and direct to appropriate site
   a) Open Appropriate Gates/Doors
   b) Designate an individual to "flag down" and direct to scene.
   c) Control injury site, limit care providers etc.
5) Assist ATC and/or EMS with care as directed
   a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE
EMERGENCY ACTION PLAN
Harry A. Gampel Pavilion - Basketball/Volleyball

Emergency Personnel:

Basketball: Practices - Certified Athletic Trainer and/or Student Athletic Trainer(s)
Games/Competitions – Certified Athletic Trainer and/or Student Athletic Trainers, Physician, EMS Personnel.

Volleyball: In-Season - Student Athletic Trainer(s) and/or Certified Athletic Trainer for practices. Certified Athletic Trainer for games/competitions.
Off-season - Student Athletic Trainer(s) with communication with Certified Athletic Trainer in Gampel Athletic Training Room.

Emergency Communication:

Athletic Training Room Telephone (486-0481, 486-4641, 486-0109), Physician's Office Telephones (486-0404, 486-8862, 486-8861)

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches located on site or in Gampel Athletic Training Room
AED located in Gampel Athletic Training Room

Emergency Procedures:

1) Perform Emergency CPR and First Aid
2) Instruct student athletic trainer, coach, or manager to call 911 or 486-3131
   -Provide the following information
   a) Who you are
   b) General information about the injury or situation
   c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*)
   *Take Stadium Road, Enter through "Basketball Complex Doors" to the left of the East Entrance at corner of Stadium Road and Hillside Road, Go Downstairs, Go right and follow hallway, Enter through Doors on left to access court or continue to Athletic Training Room on right
   d) Any additional information
   e) ***BE THE LAST TO HANG UP***
   f) Meet the ambulance and direct it to the site
3) Call the Team Physician's cell phone
   (Dr. Anderson – 860-617-0134, Dr. Trojian – 860-617-0135)
4) Meet ambulance and direct to appropriate site
   a) Open Appropriate Gates/Doors
   b) Designate an individual to "flag down" and direct to scene.
   c) Control injury site, limit care providers etc.
5) Assist ATC and/or EMS with care as directed
   a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE
EMERGENCY ACTION PLAN
Wolff-Zackin Natatorium - Swimming and Diving

Emergency Personnel:

Practice: Coaching Staff and/or Lifeguards. Certified Athletic Trainer located in Gampel Athletic Training Room.

Competitions: Coaching Staff, Lifeguards, Student Athletic Trainer(s) and/or Certified Athletic Trainer

Emergency Communication:

Swimming Coaches' Office telephones (486-5618, 486-1555), Cellular Phone with Coaches.

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches located on site or in Gampel Athletic Training Room

AED Located in Gampel Athletic Training Room

Emergency Procedures:

1) Perform Emergency CPR and First Aid
2) Instruct student athletic trainer, coach, or manager to call 911 or 486-3131
   -Provide the following information
   a) Who you are
   b) General information about the injury or situation
   c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*)
   *Take Stadium Road to access road between Gampel Pavilion and Memorial Stadium, Entrance will be on right after West Entrance to Gampel Pavilion and before Loading Dock
   d) Any additional information
   e) ***BE THE LAST TO HANG UP***
   f) Meet the ambulance and direct it to the site
3) Call the Team Physician's cell phone
   (Dr. Anderson – 860-617-0134, Dr. Trojian – 860-617-0135)
4) Meet ambulance and direct to appropriate site
   a) Open Appropriate Gates/Doors
   b) Designate an individual to "flag down" and direct to scene.
   c) Control injury site, limit care providers etc.
5) Assist ATC and/or EMS with care as directed
   a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE
EMERGENCY ACTION PLAN
Hugh S. Greer Field House

Emergency Personnel:

Certified Athletic Trainer(s) and/or Student Athletic Trainer(s) on site or in Field House Athletic Training Room.

Emergency Communication:

Telephone in SE Corner of Gym, Field House Athletic Training Room Telephones (486-2030, 486-0480), Hand held radios with AT with direct communication with Field House Athletic Training Room, Cellular Phone with Coaches for practices.

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches located in Field House Athletic Training Room

AED located SE Corner by phone, Alternate AED located in Field House Athletic Training Room

Emergency Procedures:

1) Perform Emergency CPR and First Aid
2) Instruct student athletic trainer, coach, or manager to call 911 or 486-3131
   -Provide the following information
   a) Who you are
   b) General information about the injury or situation
   c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*)
   *Take Hillside Road, Turn into parking lot in front of Greer Field House, Enter Main Doors, Gym Entrance on Right
   d) Any additional information
   e) ***BE THE LAST TO HANG UP***
   f) Meet the ambulance and direct it to the site
3) Call the Team Physician's cell phone
   (Dr. Anderson – 860-617-0134, Dr. Trojian – 860-617-0135)
4) Meet ambulance and direct to appropriate site
   a) Open Appropriate Gates/Doors
   b) Designate an individual to "flag down" and direct to scene.
   c) Control injury site, limit care providers etc.
5) Assist ATC and/or EMS with care as directed
   a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE
EMERGENCY ACTION PLAN
Guyer Gymnasium

Emergency Personnel:

Certified Athletic Trainer(s) and/or Student Athletic Trainer(s) on site or in Field House Athletic Training Room.

Emergency Communication:

Field House Athletic Training Room Telephones (486-2030, 486-0480), Hand held radios with AT with direct communication with Field House Training Room, Cellular Phone with Coaches for practices.

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches located in Field House Athletic Training Room
AED located on SE wall, Alternate AED located in Field House Athletic Training Room.

Emergency Procedures:

1) Perform Emergency CPR and First Aid
2) Instruct student athletic trainer, coach, or manager to call 911 or 486-3131
   -Provide the following information
   a) Who you are
   b) General information about the injury or situation
   c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*)
   *Take Hillside Road, Turn into parking lot in front of Greer Field House, Enter Main Doors, Gym Entrance on Left
   d) Any additional information
   e) ***BE THE LAST TO HANG UP***
   f) Meet the ambulance and direct it to the site
3) Call the Team Physician's cell phone
   (Dr. Anderson – 860-617-0134, Dr. Trojian – 860-617-0135)
4) Meet ambulance and direct to appropriate site
   a) Open Appropriate Gates/Doors
   b) Designate an individual to "flag down" and direct to scene.
   c) Control injury site, limit care providers etc.
5) Assist ATC and/or EMS with care as directed
   a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE
EMERGENCY ACTION PLAN
Soccer/Lacrosse Practice Field

Emergency Personnel:

In season – Student Athletic Trainer(s) and/or Certified Athletic Trainer

Off-season – Student Athletic Trainer(s) with direct communication to Certified Athletic Trainer

Emergency Communication:

Hand held radio with AT with communication to Field House Training Room, Cellular Phone with Coaches for practices

Emergency Equipment:

Athletic Training Kit located on site

Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches located in Soccer Ticket Booth

AED accessible on Gator via radio, Alternate AED located in Connecticut Ice Arena

Additional emergency supplies in athletic training room in Connecticut Ice Arena across from stadium. (Telephone number: 486-6672)

Emergency Procedures:

1) Perform Emergency CPR and First Aid
2) Instruct student athletic trainer, coach, or manager to call 911 or 486-3131
   -Provide the following information
   a) Who you are
   b) General information about the injury or situation
   c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*)
   *Take Stadium Road, Turn into Parking Lot for Connecticut Ice Arena, Continue left around arena to Gate 1, Enter field through gate on the right
   d) Any additional information
   e) ***BE THE LAST TO HANG UP***
   f) Meet the ambulance and direct it to the site
3) Call the Team Physician's cell phone
   (Dr. Anderson – 860-617-0134, Dr. Trojian – 860-617-0135)
4) Meet ambulance and direct to appropriate site
   a) Open Appropriate Gates/Doors
   b) Designate an individual to "flag down" and direct to scene.
   c) Control injury site, limit care providers etc.
5) Assist ATC and/or EMS with care as directed
   a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE
EMERGENCY ACTION PLAN
Secondary Soccer/Lacrosse Practice Field

Emergency Personnel:

In season – Student Athletic Trainer(s) and/or Certified Athletic Trainer
Off-season – Student Athletic Trainer(s) with direct communication to Certified Athletic Trainer

Emergency Communication:

Hand held radio with AT with communication to Field House Training Room for practices, Cellular Phone with Coaches for practices.

Emergency Equipment:

Athletic Training Kit located on site
Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches located in Softball Storage
AED accessible on Gator via radio, Alternate AED located in Connecticut Ice Arena
Additional emergency supplies in athletic training room in Connecticut Ice Arena across from stadium. (Telephone number: 486-6672)

Emergency Procedures:

1) Perform Emergency CPR and First Aid
2) Instruct student athletic trainer, coach, or manager to call 911 or 486-3131
   -Provide the following information
   a) Who you are
   b) General information about the injury or situation
   c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*)
      *Take Stadium Road, Enter at gate across from Soccer Stadium
   d) Any additional information
   e) ***BE THE LAST TO HANG UP***
   f) Meet the ambulance and direct it to the site
3) Call the Team Physician's cell phone
   (Dr. Anderson – 860-617-0134, Dr. Trojian – 860-617-0135)
4) Meet ambulance and direct to appropriate site
   a) Open Appropriate Gates/Doors
   b) Designate an individual to "flag down" and direct to scene.
   c) Control injury site, limit care providers etc.
5) Assist ATC and/or EMS with care as directed
   a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE
EMERGENCY ACTION PLAN
Tennis Courts

Emergency Personnel:

Practices – Student Athletic Trainer(s) and/or Certified Athletic Trainer available in Field House Athletic Training Room

Competitions – Student Athletic Trainer(s) and/or Certified Athletic Trainer

Emergency Communication:

Hand held radio with AT with communication to Field House Training Room, Cellular Phone with Coaches for practices, Cellular Phone with AT for competitions (617-5947, 617-5945, or 617-7639).

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches located in Soccer Ticket Booth or Gampel Athletic Training Room

AED accessible on Gator via radio, Alternate AED located Gampel Athletic Training Room

Additional emergency supplies in Gampel Athletic Training (Telephone number 486-0109, 486-4641, 486-0481)

Emergency Procedures:

1) Perform Emergency CPR and First Aid
2) Instruct student athletic trainer, coach, or manager to call 911 or 486-3131
   -Provide the following information
   a) Who you are
   b) General information about the injury or situation
   c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*)
   *Take Stadium Road, turn into parking lot across from Memorial Stadium, Proceed to corner of parking lot closest to South Parking Garage, Access to all courts will be along this walkway
   d) Any additional information
   e) ***BE THE LAST TO HANG UP***
   f) Meet the ambulance and direct it to the site
3) Call the Team Physician's cell phone
   (Dr. Anderson – 860-617-0134, Dr. Trojian – 860-617-0135)
4) Meet ambulance and direct to appropriate site
   a) Open Appropriate Gates/Doors
   b) Designate an individual to "flag down" and direct to scene.
   c) Control injury site, limit care providers etc.
5) Assist ATC and/or EMS with care as directed
   a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE
EMERGENCY ACTION PLAN
Field House Varsity Weight Room

Emergency Personnel:

Certified Strength and Conditioning Specialist or Certified Athletic Trainer and/or student athletic trainers.

Emergency Communication:

Field House weight room telephones (486-0804, 486-4146, 486-5348, 486-9108).

Emergency Equipment:

Biohazard/First Aid Kit
AED located on wall in Hugh S. Greer Field House

Emergency Procedures:

1) Perform Emergency CPR and First Aid
2) Instruct student athletic trainer, coach, or manager to call 911 or 486-3131
   -Provide the following information
   a) Who you are
   b) General information about the injury or situation
   c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*)
   *Take Stadium Road to access road between Gampel Pavilion and Memorial Stadium, follow access road past Football Facilities Building, Enter through Last (5^{th}) doors on right, Take left down stairs
   d) Any additional information
   e) ***BE THE LAST TO HANG UP***
   f) Meet the ambulance and direct it to the site
3) Call the Team Physician's cell phone
   (Dr. Anderson – 860-617-0134, Dr. Trojian – 860-617-0135)
4) Meet ambulance and direct to appropriate site
   a) Open Appropriate Gates/Doors
   b) Designate an individual to "flag down" and direct to scene.
   c) Control injury site, limit care providers etc.
5) Assist ATC and/or EMS with care as directed
   a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE
EMERGENCY ACTION PLAN
Gampel Basketball Weight Room

Emergency Personnel:

Certified Strength and Conditioning Specialist or Certified Athletic Trainer and/or student athletic trainers.

Emergency Communication:

Gampel Basketball weight room telephone (486-5348).

Emergency Equipment:

Biohazard/First Aid Kit
AED Located in Gampel Athletic Training Room

Emergency Procedures:

1) Perform Emergency CPR and First Aid
2) Instruct student athletic trainer, coach, or manager to call 911 or 486-3131
   -Provide the following information
   a) Who you are
   b) General information about the injury or situation
   c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*)
   *Take Stadium Road, Enter through "Basketball Complex Doors" to the left of the East Entrance at corner of Stadium Road and Hillside Road, Go Downstairs, Go right and follow hallway to weight room on the right
   d) Any additional information
   e) ***BE THE LAST TO HANG UP***
   f) Meet the ambulance and direct it to the site
3) Call the Team Physician's cell phone
   (Dr. Anderson – 860-617-0134, Dr. Trojian – 860-617-0135)
4) Meet ambulance and direct to appropriate site
   a) Open Appropriate Gates/Doors
   b) Designate an individual to "flag down" and direct to scene.
   c) Control injury site, limit care providers etc.
5) Assist ATC and/or EMS with care as directed
   a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE
EMERGENCY ACTION PLAN
Gampel Upstairs Weight Room

Emergency Personnel:

Certified Strength and Conditioning Specialist or Certified Athletic Trainer and/or student athletic trainers.

Emergency Communication:

Cellular Phone with CSCS or AT, Gampel Athletic Training Room telephones (486-4641, 486-0481, 486-0109), Gampel Basketball Weight Room telephone (486-5348)

Emergency Equipment:

Biohazard/First Aid Kit
AED Located in Gampel Athletic Training Room

Emergency Procedures:

1) Perform Emergency CPR and First Aid
2) Instruct student athletic trainer, coach, or manager to call 911 or 486-3131
   -Provide the following information
   a) Who you are
   b) General information about the injury or situation
   c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*)
   *Take Stadium Road to access road between Gampel Pavilion and Memorial Stadium, follow access road to West Doors, Enter Gampel and take stadium steps up through Section 218, Entrance will be at top of steps
   d) Any additional information
   e) ***BE THE LAST TO HANG UP***
   f) Meet the ambulance and direct it to the site
3) Call the Team Physician's cell phone
   (Dr. Anderson – 860-617-0134, Dr. Trojian – 860-617-0135)
4) Meet ambulance and direct to appropriate site
   a) Open Appropriate Gates/Doors
   b) Designate an individual to "flag down" and direct to scene.
   c) Control injury site, limit care providers etc.
5) Assist ATC and/or EMS with care as directed
   a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE
EMERGENCY ACTION PLAN
Gampel Athletic Training Room

Emergency Personnel:

Certified Athletic Trainer and/or Student Athletic Trainer(s)

Emergency Communication:

Athletic Training Room Telephone (486-0481, 486-4641, 486-0109, 486-0055)
Physician's Office Telephones (486-8862, 486-8861)

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches
AED located in Athletic Training Room

Emergency Procedures:

1) Perform Emergency CPR and First Aid
2) Instruct student athletic trainer, coach, or manager to call 911 or 486-3131
   -Provide the following information
   a) Who you are
   b) General information about the injury or situation
   c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*)
   d) *Take Stadium Road, Enter through "Basketball Complex Doors" to the left of the East Entrance at corner of Stadium Road and Hillside Road, Go Downstairs, Go right and follow hallway to Athletic Training Room on right
   e) Any additional information
   f) ***BE THE LAST TO HANG UP***
   g) Meet the ambulance and direct it to the site
3) Call the Team Physician's cell phone
   (Dr. Anderson – 860-617-0134, Dr. Trojian – 860-617-0135)
4) Meet ambulance and direct to appropriate site
   a) Open Appropriate Gates/Doors
   b) Designate an individual to "flag down" and direct to scene.
   c) Control injury site, limit care providers etc.
5) Assist ATC and/or EMS with care as directed
   a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE
EMERGENCY ACTION PLAN
Field House Athletic Training Room

Emergency Personnel:

Certified Athletic Trainer and/or Student Athletic Trainer(s)

Emergency Communication:

Athletic Training Room Telephone (486-0480, 486-2030, 486-3046)

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches
AED located in Athletic Training Room

Emergency Procedures:

1) Perform Emergency CPR and First Aid
2) Instruct student athletic trainer, coach, or manager to call 911 or 486-3131
   -Provide the following information
   a) Who you are
   b) General information about the injury or situation
   c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*)
   d) *Take Stadium Road to access road between Gampel Pavilion and Memorial Stadium, follow access road past Football Facilities Building, Enter through 2nd ramp on right
   e) Any additional information
   f) ***BE THE LAST TO HANG UP***
   g) Meet the ambulance and direct it to the site
3) Call the Team Physician's cell phone
   (Dr. Anderson – 860-617-0134, Dr. Trojian – 860-617-0135)
4) Meet ambulance and direct to appropriate site
   a) Open Appropriate Gates/Doors
   b) Designate an individual to "flag down" and direct to scene.
   c) Control injury site, limit care providers etc.
5) Assist ATC and/or EMS with care as directed
   a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE
EMERGENCY ACTION PLAN
Football Athletic Training Room

Emergency Personnel:

Certified athletic trainer and/or student athletic trainer(s)

Emergency Communication:

Athletic Training Room Telephone (486-3634, 486-1132, 486-6353)

Emergency Equipment:

Athletic Training Kits, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches
AED in Athletic Training Room

Emergency Procedures:

1) Perform Emergency CPR and First Aid
2) Instruct student athletic trainer, coach, or manager to call 911 or 486-3131
   -Provide the following information
   a) Who you are
   b) General information about the injury or situation
   c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*)
   d) *Take Stadium Road to access road between Gampel Pavilion and Memorial Stadium, follow access road past bleachers to Football Facilities Building continue to other side of building closer to track, enter through 2nd door on left
   e) Any additional information
   f) ***BE THE LAST TO HANG UP***
   g) Meet the ambulance and direct it to the site
3) Call the Team Physician's cell phone
   (Dr. Anderson – 860-617-0134, Dr. Trojian – 860-617-0135)
4) Meet ambulance and direct to appropriate site
   a) Open Appropriate Gates/Doors
   b) Designate an individual to "flag down" and direct to scene.
   c) Control injury site, limit care providers etc.
5) Assist ATC and/or EMS with care as directed
   a) Retrieve Necessary Supplies/Equipment